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# Dollar rises, OCOLA drops

By Diana Bahr  
*USAG Vicenza Public Affairs*

Missing something from your paycheck? Effective Sept. 1, the Overseas Cost Of Living Allowance (OCOLA) for the Vicenza area decreased from .40 percent to .34 percent for military and civilians drop from 60 to 50.

Spc. Jamie Wells, SETAF G-4, is married with one child and has been in the military for almost five years. Wells' OCOLA for Aug. 16-31 was \$432. His Sept. 15 OCOLA has dropped to \$344.25, loss of \$87.75, which means he'll lose about \$175 this month.

"Wow. That's a lot of money," said Wells. "Since the dollar to euro rate fluctuates daily and is doing well today, doesn't mean it will be at this level next week or even tomorrow. It's looking like we won't be shopping on the economy very much."

Overseas Housing Allowance will experience an approximate 8 percent reduction, but the impact is less severe because Soldiers are paid the amount of U.S. dollars necessary to purchase their rent in foreign currency.

Civilians who receive Living Quarters Allowance and Post Allowance will also see a drop in their take-home pay.

"So far I'm not noticing any change in my post allowance, but I noticed that my LQA went down," said Dominic Laforgia, a civilian with Internal Review.

"I'll probably take advantage of the dollar's rise against the euro to pay for items that must be paid for in euro, such as my Internet service," he said. "If I pay for a year in advance I save 20 percent."

The principal cause of the reductions is the recent recovery of the U.S. dollar against the euro and the

British pound. This translates into significant COLA/OHA reductions on the September 2008 Leave and Earning Statement.

### Facts about Overseas COLA

Overseas COLA is designed to keep the purchasing power of servicemembers assigned to high-cost overseas locations at par with their CONUS counterparts.

Thus, theoretically, even if the cost of living overseas does not change but the cost of living in CONUS goes up, COLA rates drop for overseas locations. This is so because in relative terms, if the cost of living in CONUS is higher than the cost of living in Italy, for example, then service members in Italy would be better off than their CONUS counterparts if their COLA rates remained unchanged. It is important to remember that COLA is not meant to be additional compensation but a leveling

factor to keep CONUS and OCONUS at approximately the same cost-of-living level.

COLA is only paid in locations where overseas costs are higher than U.S. costs and is based on the foreign currency exchange rate (as mentioned above), the data collected by means of a Living Pattern Survey (every three years), and a Retail Price Report (Market Basket Survey done annually). The most volatile change pattern is the one due to currency exchange rates. The Per Diem Committee may change COLA rates up to twice a month on the basis of currency exchange rates.

For the new COLA and post allowance rates, Soldiers and civilians can visit the following Web sites:

Soldiers: <http://perdiem.hqda.pentagon.mil/perdiem/>.

Civilians: <http://aoproals.state.gov>.

# Upgrades make for quality facilities, quality programs

By Diana Bahr  
*USA Vicenza Public Affairs*

Just in time for back-to-school activities the Villaggio Youth Center officially reopened its doors Sept. 5 with a barbecue and dance for community youth in grades 6-12.

The renovation project, which began in January at a cost of 214,000 euro, was performed in phases, allowing activities like SKIESUnlimited to continue offering classes.

"These renovations were important to bring the facility in line with current fire, health and safety standards," said Eric Weisel, Child and Youth Services coordinator. "We also wanted to repair damage to the floor and ventilation system, to upgrade the facility to improve the appearance and make it more user-friendly and comfortable for our youth."

"It was also an important gesture by the command to let the youth of the Vicenza community know that they truly care about the quality of life and programs for youth," he said.

"The renovations benefit the youth by facilitating quality programming," added Weisel. "The building no longer looks deteriorated, but is now very welcoming. The kitchen and eating area, as well as gym, dance room and bathrooms have



Naomi Marini, SKIESUnlimited dance instructor, leads a class of ballerinas in the newly-renovated dance studio. The studio is located in the Youth Services building on Villaggio. (Photo courtesy of Jeff Bahr)

all been upgraded."

"The kids were really excited to see the renovation to the tennis and basketball courts," said Michael Morris, Youth Services director. "There are new lights, a handball court and the small playing field has been leveled and resurfaced."

During the renovation Zev Paul, associate for Family and Moral, Welfare and Recreation Command, Center of Expertise for Youth Programs came for a technical visit in April.

Paul was particularly impressed with the dance studio and waiting area, writing in his report "it's very comfortable for parents with children, plus the large observation windows make it easy for parents to watch without infringing on the

privacy of the class. This is now a perfect dance studio model for SKIESUnlimited."

"The Vicenza Youth Program has a quality staff that runs quality programming," said Weisel. "Now they will have quality facilities to match."

A child tries his hand on the climbing wall during the Villaggio Youth Services center grand opening Sept. 5. (Photo by Michael Morris)





## Stay ahead, load school lunch accounts monthly

AAFES  
Press Release

To ensure that students who eat lunch at the Vicenza American Schools cafeteria have money in their account, parents are advised that the best way is to pay for lunches a month at a time.

The accounts may be paid at the AAFES cash cage in the post exchange.

The prices below reflect the cost of student meals:

- ◆ Reduced meal program is \$8 per month or .40 cents a day.

- ◆ Elementary students pay \$41 per month or \$2.05 a day.

- ◆ Middle and high school student cost is \$44 a month or \$2.20 a day.

Parents can limit the amount their child spends a day beyond the USDA pattern meal cost listed above.

If your 7-12 graders are allowed to spend more than the USDA pattern meal amount cost, or buy from the

a la carte menu, multiply the total daily spending limit by 20. This would be your monthly total for your child's school lunch.

- ◆ Parents of new students must come to the cash cage to set up an account for the school lunch program.

- ◆ To receive free or reduced school lunches, parents must apply every school year.

To see if your child qualifies for either free or reduced lunches, call the School Liaison officer at 634-5998 or from off post at 0444-71-5998.

- ◆ Elementary students are not allowed to charge a la carte meals. Check with school lunch manager for details.

- ◆ Parents will soon be able to make payments and view the child's account and see where he or she is online at [www.mealpayplus.com](http://www.mealpayplus.com). The site is under construction and expected to be fully functional soon.



Vicenza Elementary School students enjoy a healthy lunch as part of their school day. Parents are encouraged to ensure enough money is in the lunch account by paying a month at a time. (Photo by Diana Bahr, USAG Vicenza Public Affairs)

## In Memoriam

The USAG Vicenza and Livorno communities regret to announce the passing of James Roddy Sr. Sept. 10. Memorial services will be held in the post chapel Sept. 15 at 11 a.m.

Roddy Sr. retired from the Army at the rank of master sergeant from the 8th Support Group, Camp Darby, in 1992.

Roddy Sr., was a

telecommunications systems specialist, ITT Federal Services International and was contracted to 5th Signal Command for direct support battalion. He began working in Vicenza in April 2008 after working in Camp Darby.

Co-worker Mark Watts shared a favorite memory of Roddy Sr. saying, "On New Year's Eve 1996 he and his wife, Anna, came to my house to

celebrate the New Year. My oldest daughter was only two months old and he was so kind and gentle with her. It was nice to be able to talk outside of the workplace and celebrate life."

He is survived by his wife, Anna, daughters Silvana (Roddy) Eden and Antoinette (Roddy) Daigle and son, James Jr.

## WWII pilot given honorary Italian citizenship

Story and photo  
by Mark Oswald  
*Special to the Outlook*

1st Lt. William B. Berry, U.S. Army Air Force, had a premonition that he would be shot down on his mission to bomb railroad marshalling yards in the German-occupied Brenner Pass.

Before the winter light of Dec. 10, 1944 settled across the heavy snow of the Italian Alps, Berry's B-25J lay crashed on a mountainside and he and three surviving crew were scattered across miles of formidable terrain. Two of his crew were killed by flak on their first and only combat mission.

Befriended by Italian Partisans operating with British Special Forces, Berry and other Allied fliers attempted escape through the Alps to the former Yugoslavia, but heavy snow and injuries curtailed the journey.

It was the beginning of Berry's remarkable adventures as a commander of an Italian Partisan company.

Over the next five months, until they linked up with the 5th

Army liberating Italy, Berry's 44-man Partisan company based at Monte Pizzoc conducted sabotage, surveillance and direct attacks against Axis forces.

Berry's operations contributed significantly to the overall partisan campaign to contain escaping German forces, and he was awarded the Silver Star for Gallantry.

Berry's courage and contributions were never forgotten by the citizens of Fregona, the area where his Partisan company operated.

In a poignant ceremony Aug. 31, Berry's son, David, accepted honorary Italian citizenship on behalf of his father.

At age 89, the retired pilot remains sharp as a tack, and although unable to travel to Italy, he sent a personal DVD with his warm remembrances for the selfless courage and

sacrifice of his Partisan contingent.

"My father believes that he had the most skilled Partisan garrison in the Italian Alps," David Berry remarked at the ceremony on the summit of Mt. Pizzoc, with the SETAF combined Color Guard providing military honors. "He also told everyone that his men were intensely dedicated to the Partisan cause. He often spoke of the bravery displayed by these men who served their country with courage, allegiance, and determination."



David Berry, son of retired WWII pilot, Maj. William Berry, with Giuseppe Versolato, curator of the Dal Molin Aeronautical Museum who was instrumental in setting up the ceremony and other events in honor of William Berry.

## Speak Out

## How are you going green?

By Outlook Summer Staff



Cristina Buffington  
Family member

*I turn off the lights whenever I can. I take shorter showers to conserve energy.*



Christopher Hess  
USAG Vicenza Community Mail Room

*I'm riding my bicycle.*



Shelby Gonzalez  
Family member

*I'm recycling and turning off lights as I leave a room.*



Adrian Kabonick  
Family member

*I recycle to help save the earth.*



Amber Zerr  
Family member

*I recycle. I walk instead of drive. I'm a good citizen - when I see trash I pick it up.*



September is Health Benefits Month

## Make your military health benefits work for you: Ensure you, your family understand coverage

**U.S. Army Health Center Vicenza**  
*Special to the Outlook*

In Europe, active-duty family members have two options for medical care: TRICARE Prime and TRICARE Standard.

Most active-duty families choose TRICARE Prime, which offers no out-of-pocket costs for covered services, a Primary Care manager and priority access to military medical facilities. Enrollment in TRICARE Prime is required.

TRICARE Standard covers all retirees and is an option for active-duty family members who want more freedom to choose providers.

Costs include deductibles (money you pay before TRICARE benefits take effect) and cost shares (a percentage of medical bills which you are responsible for paying).

Though costs are higher than TRICARE Prime, they are still significantly lower than most civilian health plans.

### How to Enroll

To enroll in TRICARE Prime, active-duty families should contact the local TRICARE Service Center at 634-6656 or go to [www.europe.tricare.osd.mil](http://www.europe.tricare.osd.mil) and click "TRICARE Service Centers".

Retirees under age 65 and active duty families who choose TRICARE Standard do not need to enroll, but it is still a good idea

to contact your TRICARE Service Center to verify that you are in the system correctly.

Retirees who are 65 or older must enroll in Medicare Part B to be eligible for TRICARE for Life.

Your TRICARE service center can provide information on how to do this. The Caserma Ederle TRICARE service center is located in the Vicenza Health Center.

On Camp Darby the TRICARE service center is located in Livorno Health clinic, the representatives are Micaela

[tricare.osd.mil/reserve/](http://tricare.osd.mil/reserve/) for details.

### Dental Care

Military dental facilities overseas treat family members on a space-available basis. The availability of appointments varies by location and circumstances – such as deployments. Therefore, active-duty and certain Reserve component families are encouraged to consider enrollment in the TRICARE Dental Program, which offers coverage for most dental

## AFN South welcomes new commander

**AFN South**  
*Press Release*

AFN South held a change of command ceremony Sept. 5 on Hoekstra Field to bid farewell to Lt. Col. Donald Ross and welcome Maj. Tom Bryant.

"I'm extremely proud of the Soldiers, families, and civilian employees serving the network and the USAG Vicenza community," Ross said. "Not only of their hard work and professional conduct, but also of their exceptional performance over the course of the last

two years."

Ross leaves AFN South to retire from active duty.

Bryant comes to Vicenza from his last assignment as the executive officer for the Directorate of Communications at the U.S. Military Academy in New York.

"I'm excited to serve with the Soldiers, Sailors and Airmen of AFN-South and look forward to commanding this outstanding organization," Bryant said. "Accomplishing our mission and taking care of our great Soldiers and their families will be my top priorities as commander."



**Maj. Tom Bryant, incoming AFN South commander, accepts the unit's guidon from AFN Europe commander, Col. Scott Malcom, during the change of command ceremony Sept. 5. (Photo by Diana Bahr, USAG Vicenza Public Affairs)**

### Estate claims notice

Anyone having any claims on, or obligations to, the estate of Sgt. Israel Garcia, C Company, 2-503rd Infantry Brigade, must contact the summary court martial officer 2nd Lt. Todd Galliard at 345-452-6087 or [todd.galliard@eur.army.mil](mailto:todd.galliard@eur.army.mil).

## The Outlook

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The editor reserves the right to edit all submissions for style, brevity and clarity. Circulation is 2,500 per week.

### At your service

## Vicenza commissary

The Vicenza commissary is a full service commissary featuring floral, bakery, deli and produce departments.

"We operate a hot food bistro service with rotisserie chicken," said Roy Hunnewell, commissary director. "We also have an in-store cake decorating service and can do special orders for meat and cheese platters and fruit and vegetable platters. All that is required is a 48 hour notice."

In the event patrons need anything or have a question or concern, they should call the commissary at 634-7997/7030 or off post at 0444-71-7997/7030 and speak to a staff manager. After hours patrons can e-mail to [royden.hunnewell@deca.mil](mailto:royden.hunnewell@deca.mil), [andre.perry@deca.mil](mailto:andre.perry@deca.mil) or [wayne.lintz@deca.mil](mailto:wayne.lintz@deca.mil).



**Roy Hunnewell, Vicenza commissary director is flanked by Andre Perry (left) commissary administrator and Wayne Lintz, commissary manager.**

VICENZA COMMISSARY	
OPERATING HOURS	
SUNDAY	10.00 - 19.00
MONDAY	closed
TUESDAY	10.00 - 20.00
WEDNESDAY	10.00 - 19.00
THURSDAY	10.00 - 19.00
FRIDAY	10.00 - 19.00
SATURDAY	10.00 - 19.00

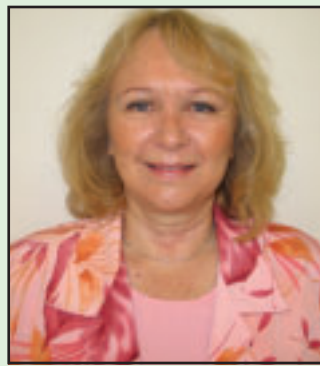




Chaplain Bill Schneider  
Vicenza Family Life chaplain



Charlie Fields  
Alcohol, Drug Control officer



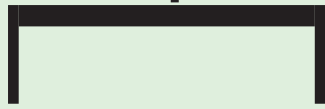
Leslie Hall  
Counselor



James Shaffar  
Clinical director



Barbara Wegener  
Employee Assistance Program director/Alcohol and Drug Prevention coordinator



**Vicenza Chaplain**

Mon-Fri, 8:30 a.m.-5 p.m.  
Chapel, bldg 29  
634-7519, or 0444-71-7519 off post

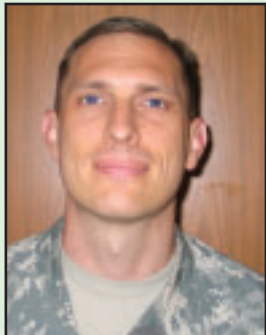


**Army Substance Abuse Program (ASAP)**

Mon – Fri, 8 a.m. to Noon and 1 – 5 p.m.  
Located in building 169, next to the health clinic  
634-7554 (on post) or 0444-71-7554



Dr. (Lt. Col.) Robert McKenzie  
Behavioral Health chief & psychiatrist



Capt. Tyler Dumars  
Social Work Services



**Vicenza Behavioral Health**

Mon – Fri, 8 a.m. – Noon and 1 – 4:30 p.m.  
Located in the Vicenza Health Clinic  
634-7604 or 0444-71-7604 (off post)



Judy Crow  
Adolescent Substance Abuse

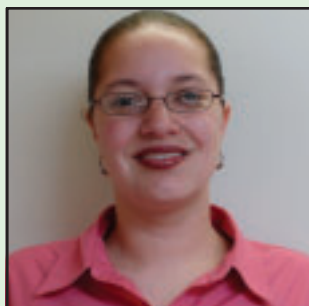


**Adolescent Substance Abuse Counseling Service**

Mon – Fri, 7:30 a.m. – 4 p.m.  
Located in Vicenza High School, room 61  
634-7127 (on post) or 0444-71-7127 (off post)



Military & Family Life consultant  
& CYS Behavioral Health specialist  
Free, anonymous, confidential



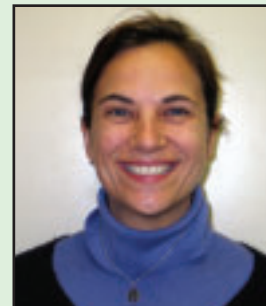
Adrienne Williams  
Family Advocacy Sexual Assault Response coordinator



Tammy Wilbur-Hoistad  
Family Advocacy Program specialist



Sam Giles  
Family Advocacy Program manager



Carolyn Parse Rizzo  
Family Advocacy Installation Victim advocate



Kent Thompson  
Financial Readiness Program manager



**Military & Family Life Consultants**

Davis Soldier & Family Readiness Center, Bldg 108  
Cell phone 333-489-8967  
634-7500 or 0444-71-7500 (off post)



**Army Community Service (ACS)**

Davis Soldier & Family Readiness Center, Bldg 108  
Mon – Fri, 8 a.m. – 5 p.m.  
634-7500 or 0444-71-7500 (off post)

**24** hour community hotlines

**Army Community Service 634-7500**

**Chaplain Hotline 634-KARE (5273)**

**Military OneSource 00-800-3429-6477**

**Military Police Hotline 634-SAFE (7233)**

**Sexual Assault Hotline 634-JUST (5878)**





## New sports program for Camp Darby teens



Christian Acosta, a senior at the International School of Florence, hits the high hurdles. Acosta is one of a dozen students from Camp Darby who benefits from the new sports program at ISF.

**Story and photo by Joyce Costello**  
*USAG Livorno Public Affairs*

When the Livorno Unit High School closed its doors June 2007, high school students and their parents thought that would also mean closing the door on high school sports.

Such was the case for many of the students who now attend the International School in Florence (ISF). While it's an academically-acclaimed school, it does not have an athletics department.

According to Steve Parkhurst, school liaison officer for the Camp Darby, the desire for such a program was so strong among parents and students that the Camp Darby command group, Department of Defense Dependents Schools-Europe and ISF were able to work together to offer some sports programming each semester.

"We're very pleased that ISF is taking on this challenge of offering the sports element; what's high school without sports," said Parkhurst. "During the first semester, ISF students will have the chance to participate in volleyball, cross country and tennis."

Frank Hernandez, an ISF freshman, said he's planning on playing volleyball and basketball with his friend, Christian Acosta.

"We're a small school, unlike the school I just came from on Luke Air Force Base in Arizona, so it's a relief that there won't be try outs and that we can just sign up and play," said Hernandez. "I'm looking forward to traveling to other schools across Italy."

Fellow student, Julia Garcia, quickly agreed and added that playing sports was a great way to meet new people.

"We are going to get to play against three other DODDS-Europe schools and four international schools," she said. "I can't wait to play girl's soccer. I grew up playing soccer so this will be fun."

However, students aren't the only ones excited about the new sports program.

"I am so glad that they (ISF) decided to join the American Schools in Italy league," said parent Shirley Perez-Acosta. "These children need the sports and the exercise and it helps improve camaraderie among the students."

ISF sports director, Roberto Clausi said additional sports will be offered such as basketball in the winter and soccer in the spring.

Parkhurst said the fist volleyball game, tennis match and cross country meet will be held at Camp Darby's award-winning sports facilities Sept. 20 against the Vicenza High School Cougars.

## Darby dates

### Single Airman, Soldier meal

Sept. 30, 5 p.m. at Army Community Service. Stop by, pick up a plate or eat in. Reserve in advance by calling 633-7084.

### Movieland Studios trip

Oct. 4 ITR is going to Movieland Studios, located near Lake Garda. Cost is \$50 for transportation and 21 euro entrance fee, free for children under 1 meter tall.

Call ITR at 633-7589 for reservations and other trips.

### Oriental dance classes

Classes are taught every Wednesday from noon-1 p.m. at the fitness center.

### Hispanic Heritage Month events

Hispanic Heritage Month begins Sept. 15. Camp Darby celebrates the contributions by Hispanic Americans with the following events.:

Sept. 16 at 1 p.m. - Cake cutting ceremony in the Pvt. Curely Nakae Main Square.

Oct. 3 at 6 p.m. - Food tasting and dancing at the Darby Community Club. Volunteers are needed to help cook dishes for this event. Call ACS at 633-7084 for details.

### Run for Your Health

Camp Darby will hold a Run for Your Health Sept. 26 at 6:30 a.m. in front of the Garrison Headquarters, Building 303 on Kessler Ave.

Physical Fitness Uniform is required for military personnel. U.S. Army personnel will run in mass formation while calling cadence. Bring your unit Colors and guidons.

### Strong Bonds retreat

The Camp Darby chaplain is offering a marriage training conference, Sept. 27-29, at Casa Cares, [www.casacares.it](http://www.casacares.it).

The event is open to all active duty servicemembers and families. Childcare will be provided. To register online or for details, visit [www.strongbonds.org](http://www.strongbonds.org), search for "USAG Livorno" and then click on "Camp Darby Strong Bonds" or call the chapel at 633-7267.

## Re-enactors celebrate Lucca WWII liberation

**Story and photos by Joyce Costello**  
*USAG Livorno Public Affairs*

It was a hot September day in the Tuscan town of Lucca, but the dust being kicked up into the air as a tank rumbled into Napoleons Square didn't stop the crowd from cheering on the liberators.

For Ivo Cardelli, who was at the original Sept. 5 liberation of

Lucca 64 years ago, this anniversary parade of historic vehicles, re-enactors and Camp Darby Soldiers brought tears to his eyes.

"When I was a child someone told me the Allies were coming, so I went in to the hills to look for them," recalled Cardelli, who now resides in San Francisco. "I found a small patrol of three white Soldiers and one Buffalo Soldier. The Soldiers were kind to the children and gave us extra food," he said. "I still remember the first time I was given a Hershey's chocolate bar."

For Staff Sgt. James Brooks Tarr of Camp Darby, it was important for him to take part in the parade because he believes it helps build rapport with the Italian people and gives the public a positive portrayal of the U.S. Army in Italy.



Staff Sgt. Thomas Garrard (left) and Staff Sgt. James Brooks (right) ride with Carabinieri's (Italian military police) in a vintage Army jeep during the 64th anniversary of the liberation of Lucca. Garrard and Brooks are both military policemen assigned to U.S. Army Garrison Livorno Directorate of Emergency Services.

"I got to spend some time talking to people who were here during the 1944 liberation and it was amazing to listen to their stories," said Brooks. "It was especially flattering to be able to march in the parade bearing the U.S. colors; I didn't realize there would be such a large crowd clapping and cheering."

Fellow Soldier, Capt. Antonio

Valenti added he was surprised to learn about the role of the Italian partisans in the liberation of Lucca.

"Aside from the French resistance, the role of partisans is often overlooked. I'm glad I got to meet some men and women who played a part in liberating Lucca," said Valenti.



Staff Sgt. James Brooks (left) and Staff Sgt. Thomas Garrard (right) spent time during the re-enactment event talking to Ivo Cardelli. Cardelli helped the American troops when they came to liberate Lucca during World War II.



## Festivals celebrate local cuisine, museums, live music downtown

### Local festivals

Grapes and Wine Festival, Sept. 12-14, in Barbarano Vicentino, 13 miles south of Vicenza. Sept. 14 at 9 a.m., a free guided tasting tour by local wine-growers. At 4 p.m there is a free harp and flute concert at the nearby Villa Godi Marinoni on Via Castello.

*Sagra del Rosticino* (Kebab), Sept. 12-14, in Bertesina, just northeast of the Aldo Moro gate. It celebrates the 50th anniversary of Saint Christopher church. In the nearby Palladian villa, *Gazzotti* there will be an exhibition of Bertesina's memorabilia from the beginning of the 1100s to present. The festival features food booths, a children's soccer tournament and live music. Country music band Sept. 12 at 9 p.m.

*Gnocco Festival*, Sept. 13-14, in Trissino, 14 miles west of Vicenza. There will be food booths featuring handmade gnocchi and live music. Also, a large bounce-house for children and adults.

*Festival of Our Lady of Sorrows*, Sept. 13-14, Crosara (near Nove), 15 miles north of Vicenza featuring food booths and ballroom dancing.

*Festival of Ceramics*, Sept. 6-14, in Nove, 18 miles north of Vicenza. Sept. 13, from 3-10 p.m. there will be a ceramic exhibition and practical demonstrations. Sept. 14 starting at 4:30 p.m, find

theatrical entertainment for children and live music. Free entrance. For more details in English, visit [www.ceramics.it](http://www.ceramics.it) and click on events.

*Piazza dei Saporì*, Piazza dei Signori, Vicenza, Sept. 19-21. Food stands featuring typical Veneto wine and food products; jazz concerts (Sept. 20-21 at 8 p.m.) and shows with flag throwers from Tuscany, Sept. 21 at 11 a.m. and 5 p.m.

**Free Cheese Show**, Sept. 20-21, in Thiene (18 miles north of Vicenza) from 10 a.m.- 8 p.m. you can taste the best Veneto cheeses and wine.

### Museums in Vicenza

For 8 euro you can purchase a "biglietto cumulativo" (or museum pass) at the Vicenza Tourist office by *Teatro Olimpico*. This entitles you to visit six museums in three days. Families of three or more pay 12 euro and it's free for children under age 14. Soldiers showing military ID may also receive free admission, depending on the museum. Museums included in the ticket:

*Diocesan museum*, 12Piazza Duomo. Open Tue.-Sun. 10 a.m.-12:30 p.m. and 3-5 p.m. (Weekend openings are 2:30 p.m.). Admission fee: 4 euro (free for children younger than 14) or use the museum pass. Family discount: 7 euro for family of three or more members. English guide available on

request.

*Museum of Natural History and Archeology of S. Corona*, Contrà S. Corona. Open Tue.-Sun. 9 a.m.-5 p.m. You need to use the museum pass.

*Risorgimento and Resistance Museum*, Villa Guiccioli, 115 Viale X Giugno, located just above the Monte Berico church. Open Tue.-Sun. 9 a.m.-1 p.m. and 2:15 -5 p.m. Admission fee: 3 euro or museum pass. Discount for groups of 10 or more (2 euro each.)

*Civic Art Gallery*, Palazzo Chiericati, 37/39 Piazza Matteotti. Paintings and sculpture collections, drawings, prints and numismatics rooms. Admission fee: Use your museum pass.

*Exhibit of Palazzo Leoni Montanari*, 25 Contrà S. Corona. Tue.-Sun., 10a.m.-6 p.m. Features more than 400 ancient Russian icons and 18th century paintings of the Veneto region. Admission fee: 4 euro or your museum pass.

*Museum of Artistic Handicrafts*, 13 Contrà del Monte. Admission fee: 2 euro or your museum pass.

*Natural Science Museum*, 43 Borgo S. Lucia. **Free** entrance. Call 0444-501-177 to schedule your visit.

### Palladio exhibit

To commemorate 500 years since his birth, an exhibition on Palladio opens in Vicenza Sept. 20 at *Palazzo Barbaran da Porto* and closes Jan. 6. Among the 300 works exhibited, there are sculptures, medals, books and manuscripts coming from more than 50 European and American museums. Opening times: Sun.- Thurs., 9:30 a.m.-7 p.m.; Fri, Sat and holidays 9:30 a.m. - 9 p.m.

Tickets are 10 euro and 8 euro reduced ticket (younger than 18 and older than 65). Discounts available for groups of 15 or more visitors. Call for details and bookings 0444-323-014 or visit [www.andreapalladio500.it](http://www.andreapalladio500.it) (available in English).

Until Oct. 26 you can visit Palladio's Basilica in downtown Vicenza. The basilica is undergoing restoration but the work site will be open to the public mornings and afternoons on the weekends. It's a one hour tour with an English speaking guide. Admission fee: 10 euro.

### Free concerts and performances in Vicenza

*Tango*: Maria de Buenos Aires, Sept. 13, 9 p.m., 33

Contrà San Domenico.

Teatro Olimpico's Orchestra, Sept. 13, 9 p.m, Palazzo Trissino. Music and dances from India, Sept. 13, 9 p.m., *Contrà San Domenico*.

Acoustic rock concert, Sept. 13, 9 p.m., *Piazza dei Signori*. Argentine Tango, Sept. 14, 7

-11:30 p.m., *Piazza dei Signori*, at the Terrazzo del Caffè Garibaldi and again Sept. 16, 9-10 p.m. at Vicenza's swimming pools, located at 71 Viale Ferrarin.

Auxes, an indie-punk band from North Carolina, plays at Bar Sarteia, Sept. 17, 9 p.m., 362 Corso San Felice.

## Explore Italy with ITR, Outdoor Rec

### ITR trips

**Oktoberfest Express:** Sept. 20-Spend the day at the famous Oktoberfest in Munich. Cost is \$69 for round trip transportation to the event only. This is not an overnight trip. Depart at 1 a.m. Sign-up deadline is Sept. 19.

**Ferrari, Ducati museums along with balsamic vinegar tastings:** Sept. 20 - Adults only can tour the auto museums and receive a guided tour and tasting of local balsamic vinegar production. The cost is \$69. Meet at 7 a.m. Sign-up deadline is Sept. 19.

**Florence for families:** Sept. 20-Take a guided tour of Florence and have free time to explore, dine and shop. The cost is \$45 for adults, \$29 for ages 6-12, and free for under 6 years old. Meet at 7 a.m. Sign-up deadline is Sept. 19.

**Biking along Lake Garda:** Sept. 21- Bring a picnic and bike for a day outdoors as we visit three cities in Lake Garda. Leave

at 8:30 a.m. The cost is \$29 for adults, \$19 for kids 4-12, and free for under 4 years of age. Sign-up deadline is Sept. 20.

**Beretta factory tour:** Sept. 25 -This is an adults-only guided tour of the Beretta factory followed by a. Leave at 8:30 a.m. Cost is \$25. Sign-up deadline is Sept. 24.

### ODR trips, classes

For details on these and other trips, call ODR at 634-7453.

**Free proper bike fit cycling class:** Sept. 24 learn how to properly fit you to your bike. Class is 5:30-7 p.m. at ODR.

**Horseback riding weekend:** Leave Sept. 26 at 5:30 p.m., return Sept. 28.

Go by horseback through the hills of Torreselle.

The cost is \$220, which includes transportation, lodging, and food.

Meet at the ODR parking lot. Sign-up deadline is Sept. 23.

Call 634-7453 for details.



A woman decorates a ceramic statue of Mary. Check out the Festival of Ceramics, Sept. 6-14 in Nove. See above for details.

## Now Showing

### Ederle Theater

Sept. 11	Kit Kittredge: An American Girl (G)	6 p.m.
Sept. 12	Hancock (PG-13)	6 p.m.
	Babylon A.D. (PG-13)	9 p.m.
Sept. 13	Wall-E (G)	3 p.m.
	Hancock (PG-13)	6 p.m.
Sept. 14	Wall-E (G)	3 p.m.
	Babylon A.D. (PG-13)	6 p.m.
Sept. 15	Wanted (R)	6 p.m.

### Camp Darby Theater

Sept. 11	Hancock (PG-13)	6 p.m.
Sept. 12	Wall-E (G)	6 p.m.
Sept. 13	The House Bunny (PG-13)	6 p.m.
Sept. 14	Wall-E (G)	2 p.m.

Admission: Age 12 and over \$4, under age 12, \$2.

The Ederle Theatre box office opens one hour prior to show time.

Looking for the movie synopsis? Check out the AAFES Web site: [www.aafes.com](http://www.aafes.com), scroll to the bottom of the page and click on Movie Schedule.

Looking to buy or sell items? Check out MWR's Marketplace at [www.mwrmarketplace.com](http://www.mwrmarketplace.com).



## Vicenza Community Club launches new season

The Vicenza Community Club will host a free registration luncheon buffet at Club V between noon and 2 p.m. Sept. 12.

The VCC is the largest fundraising organization on Caserma Ederle and last year raised more than \$95,000 for the community in special projects, events and college scholarships.

The VCC also manages the post Thrift Shop, which is open on Tuesdays and Thursdays, 10 a.m. - 2 p.m.

The club sponsors monthly luncheons, plans the Festa Italia bazaar, held Sept. 27-28 this year, and other community events.

Within VCC are several mini-clubs for travel, Bunko, and cooking. The VCC will start a club if there is interest in the community.

VCC membership dues are \$20 for the year.

For details on VCC, e-mail VCC President Richard Breen at [Richard.breen@us.army.mil](mailto:Richard.breen@us.army.mil).



Community members shop at the annual Festa Italia bazaar. This year the bazaar is Sept. 27-28.

## Vicenza Elementary open house Sept. 16

Vicenza Elementary School invites parents to our Open House Sept. 16 at 4 p.m. in the Ederle Theater.

After a short briefing, the group will move to the school to meet with individual teachers.

## PTSA potluck date change

Members of the PTSA are invited to a potluck supper Sept. 25 in the school cafeteria starting at 6 p.m. E-mail [ptsavicenza@hotmail.com](mailto:ptsavicenza@hotmail.com) for more details.

## School half-day Sept. 18

Vicenza Schools will close early Sept. 18 to enjoy Soldier and Family Appreciation Day.

Grades K-12 will leave at 11:30 a.m.. Buses will depart at

11:45 a.m. and arrive at bus stops three and a half hours early.

Sure Start students will be dismissed at 11 a.m. Buses will depart at 11:20 a.m. and arrive at bus stops three hours early.

## Soldier, Family Appreciation Day

Soldier and Family Appreciation Day is Sept. 18, beginning at 1 p.m. Enjoy free barbecue, facepainting, ride the mechanical bull, play in the bounce house and other family activities.

## Catholic Women of the Chapel event

Join us for Catholic Women of the Chapel's fall kick-off Sept. 18 from 9:30-11:30 a.m. in the chapel conference room.

Contact Ginger Fleming at

[flem\\_06@yahoo.com](mailto:flem_06@yahoo.com) for details.

## Bella Befana Bazaar

Aviano Air Base's Bella Befana Bazaar will be held Oct. 3-5 at hangars 1 and 2 on the flight line. The bazaar is open Fri. and Sat., 10 a.m.-7 p.m. and Sun. 10 a.m.-4 p.m. The bazaar is open to all NATO ID and U.S. passport holders. Prices are in U.S. dollars.

## Club Beyond

Club Beyond opens Sept. 15, 5:30-7 p.m. at the Teen Center.

Anyone interested in volunteering with Club Beyond is also welcome to attend.

For details on Club Beyond, contact the chapel at 634-7519.

## CYS Army Family Covenant update

CYS AFC Benefits will end Oct. 15.

If a Soldier did not return from deployment prior to Aug. 15 the spouse needs to provide proof of continued deployment to CYS Central Registration.

For details call 634-7206.

## Swim team coaches sought

The Mako Sharks swim team needs assistant volunteer swim coaches. If you are an experienced swimmer and would like to volunteer, please contact Cindi Unger at [clunger2002@hotmail.com](mailto:clunger2002@hotmail.com) or 347-891-1073.

## Cougar fan bus

Sign up now for the community fan bus trips in September and support your favorite Vicenza High School Cougar team.

Sept. 20, one bus travels to Hohenfels to support the football team and a second bus travels to Florence to support the volleyball, cross-country and tennis teams.

Sept. 27, the community fan bus travels to Milan to support the Cougar volleyball, cross-country and tennis teams.

Sign up at ITR and reserve your seat. For details call the School Liaison Office at 634-5998 or contact ITR at 634-7094.

## Youth Services homework center

The YS homework center is located in the Post Library and open on school days, 3-6 p.m. CYS registered youth in grades 6-12 are welcome to use this program. Register for free at CYS Central Registration located in the Davis Soldier & Family Readiness Center, bldg 108.

## Tape a free holiday greeting

A television crew from Army-Air Force Hometown News will be at the Ederle Theater Sept. 25 starting at 9 a.m. to tape holiday greetings to air on television stations in the U.S. All DOD employees and family members, teachers and retirees are eligible. Servicemembers must be in uniform.

For details on the program, look for the flyers located in the Community Mail Room or call Dorothy Carlyle at 634-7988.

## Family Child Care Coordinator

Become a professional home provider. Work part-time or full-time and have free training. For more information, call 634-7615 or off post at 0444-71-7615.

## Vicenza Girl Scout registration

Girl Scout registration will be held Sept. 20 in the park across the street from Vicenza Elementary School. Join us for ice cream. Girls must be 5 years old by Oct. 31, 2008 to join.

Registration fees total \$25 for GSUSA and the Vicenza neighborhood. Leaders are still needed for all age groups and girls may be put on a waiting list if there are no leaders for their troops.

Call Nancy at 349-520-9980 for details.

## ACS classes

For information or to register for a class below, call ACS at 634-7500.

**Benvenuti (welcome) class** Sept. 16-19. If you are new to the Vicenza community (spouse of active duty or of a DoD civilian), join us for four days of fun, culture and adventure.

**Breastfeeding Basics:** Sept. 16 - 9:30-11:30 a.m. in the NPSP Living Room. Learn the skills to breast-feed and bond with your baby. This class is conducted in collaboration with the Vicenza Health Clinic.

**99 Days Until Christmas:** Sept. 16, 3-4 p.m. Smart ideas for handling holiday season spending.

**How to Ace the Interview:** Sept. 17, 10:30-11:30 a.m. Employment Readiness will guide you through a series of tips and advice on what you need to do to have a successful job interview.

**Freddy Fap Visits Turkey** Sept. 17, 3 - 4:30 p.m. Children and Family are encouraged to come to this fun and educational class where Freddy FAP brings snacks and activities from Turkey.

## Religious activities

### Caserma Ederle Chapel

Call the chapel at 634-7519 (0444-71-7519) for details on post religious activities.

### Chaplain Crisis Line:

To speak with a chaplain after hours call **634-KARE** (634-5273).

### Saturday services

4 p.m.: Sacrament of Reconciliation, or by appointment.

5 p.m.: Vigil Mass

### Sunday Services

9 a.m.: Roman Catholic Mass  
*Mass is held weekdays at noon.*

9 a.m.: Protestant Sunday school and AWANAs (Sept. through May in Vicenza High School)

10:45 a.m.: Catholic religious education (Sept.-May in Vicenza High School)

11 a.m.: Protestant worship  
1:30 p.m.: Full Gospel Pentecostal worship

4 p.m.: Lutheran worship  
6 p.m.: Contemporary Christian worship

### Monday

Noon: LDS Scripture Study  
3:05 p.m.: Middle School Club in the high school cafeteria. (October-May)

5:30 p.m.: High School Club in the Teen Center. (October-May)

For details contact Jocelyn Cary at 634-7890 or 349-385-3476 or [vicecb@yahoo.com](mailto:vicecb@yahoo.com).

### Tuesday

9:15 a.m.: Protestant Women of the Chapel

### Wednesday

Noon: Protestant Men of the Chapel Bible study (at DFAC)

5:30 p.m.: PWOC evening Bible study

### Thursday

5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

### Faith group contacts

**Islamic:** Mohamed Noeman at 634-6306.

**Jewish:** Sandy Schoenberg at 634-6202 or [sandy.schoenberg@eur.army.mil](mailto:sandy.schoenberg@eur.army.mil).

### Latter Day Saints (LDS):

Elder Openshaw, 334-665-6845 or Frank Petty at 634-3907/340-899-2218. Scripture study is held Monday, noon-1 p.m.

### Darby Chapel

For details call the chapel at: 633-7267 (50-54-7267).

9:40 a.m.: Catholic Reconciliation

10 a.m.: Catholic Mass  
11:15 a.m.: Protestant worship

Beginning Oct. 5, Protestant Sunday school starts at 9:45 a.m. and Catholic CCD is at 11:15 a.m.

## In Memoriam - Judith Harris

A funeral service for Judith Harris is set for Sept. 12 at 10:45 a.m. in the chapel of Madonna Della Pace, located in Stanga.

Harris first began working on Caserma Ederle in the Officer's Club in 1968 but left after five years when she became pregnant. After her children began school, Harris returned to work on post and took a position in the vehicle registration office where she worked for 23 years.

Harris was preceded in death by her husband, Luciano, and is survived by her children, son, Daniele, and daughter Samantha.

All briefs must be received at [editor@eur.army.mil](mailto:editor@eur.army.mil) noon Monday, or by Friday at 4 p.m. if Monday is a holiday.



# Work out, relax with Yoga classes



(Right) Lacy Wolff, instructor, teaches one of the yoga classes held at the Body Shop. At the end of September classes will be offered at the renovated fitness center. "If you have never tried yoga, I encourage you to try at least one class to see what it is all about," said Wolff.

Story and photos by Laura Kreider  
*Outlook Staff*

It is never too late to start a new fitness activity and among a variety of classes the Sports and Fitness office, Directorate of Family and Morale, Welfare and Recreation offers are yoga classes on Tuesdays, Wednesdays, Thursdays and Fridays.

"Adding one or two yoga classes to your regular workout regime can be extremely beneficial in all areas of your life," said Lacy Wolff, yoga instructor, who started teaching classes in 2004.

"Yoga can improve performance in other activities by increasing flexibility and muscular strength, which will also decrease the risk of injury," she continued. "Yoga has also a very calming effect on the body. By linking the breath with movements, participants are able to link the body with the mind," she said.

Another class instructor is Jen Mueller who started teaching about six months ago. Both instructors – who are certified through YogaFit – recommend that class participants let them know if it is their first time attending a yoga class.

"The instructors will generally give more verbal cues if they are aware that there are beginners in the class," Wolff added.

Yoga should not be difficult for beginners, according to Wolff. All classes offered are mixed-level to accommodate all abilities of practitioners. While taking a yoga class, the participants should listen to their body and do what feels good, said Wolff.

"We encourage participants to rest when they feel rest is needed. Yoga is not about competition. We want to encourage participants to work hard, but in a gentle manner," said Wolff. "Many people feel that yoga is only for relaxation and do not realize that it is a great workout as well. Participants will burn between 400-1,200 calories per session depending on the type of class being taught.

"If you have never tried yoga, I encourage you to try at least one class to see what it is all about," said Wolff.

If you are interested in trying one of the classes, they are offered on Tuesdays from 6:30-7:30 a.m. and from 9-10 a.m.; Wednesdays from noon-12:45 p.m., and from 5:30-6:30 p.m.; Thursdays from 9-10 a.m., and Fridays from 6:30-7:30 a.m.

At the end of September, classes will be offered at the renovated fitness center.

Currently all classes are free, and there is no need to register in advance. Participants need to arrive a few minutes early to set up their mat. Mats are provided.

For details call the fitness center at 634-7616.

(Above and left) Participants in the yoga class follow the movements of Lacy Wolff, instructor, during the class held in the Body Shop.



## Cougar Football season starts

Come out and cheer on the Vicenza High School Cougar football team as they take on Aviano in the season opener. The game starts at 7 p.m. on the North 40 with AFN announcing the play-by-play action live. Can't make it to the game? Tune in to AFN 106FM The Eagle or AFN channel 142 on your AFN decoder.

Come to the game hungry and help support the Vicenza High School athletic program by purchasing munchies and Cougar souvenirs from the Vicenza Booster Club.

In the picture Taylor Touzinsky, and James Erickson, front, run in midfield, while Brandon Salone and John Parker volunteer coaches look on during one of the VHS Football practices held at the multipurpose field.

(Photo by Laura Kreider, Outlook Staff)



## Sports Shorts

### Fitness class costs

Effective Oct. 1, all group fitness and yoga classes will be charged a fee. The fee is \$5 for one individual class or \$50 for an all-class-inclusive monthly pass. Monthly passes can be purchased at the fitness center beginning Sept. 29.

For details call 634-6222.

### Summer Basketball

Summer basketball sign-ups end Sept. 15. Practice is at 6:30 p.m. Mandatory coaches' meeting Sept. 15, at 2:30 and 5:30 p.m. at the fitness center.

### Football

Football sign-ups end Sept. 15. Practice is at 6:30 p.m. at the all purpose field. Mandatory coaches' meeting Sept. 15, at 2:30 and 5:30 p.m. at the fitness center.

### Soccer

Soccer sign-ups end Sept. 15. Practice is at 6:30 p.m. There is a mandatory coaches' meeting Sept. 15, at 2:30 and 5:30 p.m. at the fitness center.

### 6 vs. 6 Indoor Volleyball Tournament

Free 6 vs. 6 Volleyball Tournament at the fitness center Sept. 19-21 at 6:30 p.m. Mandatory sign-up is Sept. 16.

Coaches' meetings are Sept. 16 at 2:30 p.m. and 5:30 p.m. at the fitness center.

### Garrison Tennis Tournament

Sept. 19-21 at 6:30 p.m. Mandatory sign-up deadline is Sept. 16. Divisions: Male and Female.

Participation meeting Sept. 19, at 6 p.m. at the tennis courts.

### Civilian Fitness program begins

It's time to enroll in the Civilian Fitness program. Participants are enrolled for six months from Oct. 1-March 31, 2009. Final assessments are mandatory. Initial assessments are Sept. 16 11 a.m.- 1 p.m. or 4:30-5:30 p.m. in the fitness center.

Assessments for Livorno are Sept. 17 from 11 a.m. - 1 p.m.

For details call Betsy Walters, USAG Vicenza Health Promotion coordinator at 634-8828 or health@setaf.army.mil